

## Therapists: Marina Gracik/Ashley Schmoll

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### Client Health History

Please PRINT clearly. All information shared will remain confidential.

Today's Date \_\_\_/\_\_\_/\_\_\_

Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Occupation \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Whom may we thank for referring you? \_\_\_\_\_

**PLEASE** mark an "X" for conditions that apply, and a "P" for past conditions:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> muscle/joint pain    | <input type="checkbox"/> diabetes           | <input type="checkbox"/> anxiety/stress       |
| <input type="checkbox"/> sprains/strains      | <input type="checkbox"/> osteoporosis       | <input type="checkbox"/> depression           |
| <input type="checkbox"/> arthritis/tendonitis | <input type="checkbox"/> convulsions        | <input type="checkbox"/> sleep difficulties   |
| <input type="checkbox"/> numbness/tingling    | <input type="checkbox"/> blood clots        | <input type="checkbox"/> allergies            |
| <input type="checkbox"/> cancer               | <input type="checkbox"/> varicose veins     | <input type="checkbox"/> circulatory problems |
| <input type="checkbox"/> asthma               | <input type="checkbox"/> blood pressure     | <input type="checkbox"/> respiratory problems |
| <input type="checkbox"/> digestive problems   | <input type="checkbox"/> infectious disease | <input type="checkbox"/> hemophilia           |
| <input type="checkbox"/> athlete's foot       | <input type="checkbox"/> PMS                | <input type="checkbox"/> birth control, IUD   |
| <input type="checkbox"/> skin conditions      | <input type="checkbox"/> fatigue            | <input type="checkbox"/> pregnancy            |

PLEASE explain areas above

Do you wear: \_\_\_\_\_ contacts \_\_\_\_\_ removable bridgework/dentures

Are you allergic or sensitive to:

\_\_\_\_\_ nuts \_\_\_\_\_ fragrances \_\_\_\_\_ other (please specify)

Primary Goal(s) for today's session (please check ALL that apply):

Relaxation     Stress relief     Relief of pain or tension     Injury Rehab