
April 2019 LNP Allergy Newsletter





Hello Everyone,

The April Newsletter is all about Allergy Season! With Spring starting allergy season is not far behind.

- * Did you know that every Health Issue has an allergy either Food or Outdoor as a root cause?
- * Did you know that taking Claritin or Sudafed or other allergy medications push symptoms even deeper in body so you never get rid of the Allergies for good?
- * Did you know you can get rid of Allergies without drugs or shots?

STOP SUFFERING

Don't miss this months Seminar on Natural Solutions to Allergy issue's to learn more.

Blessings,

Dr. Lisa, Andrea, Jill, Linda, Brandy & Lou Lou



Allergy Services at LISA'S NATURAL PATH

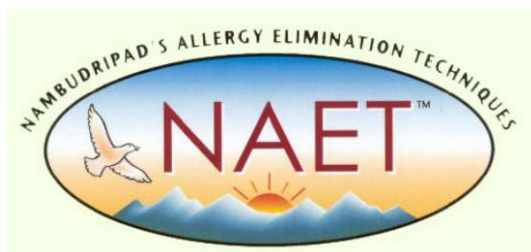
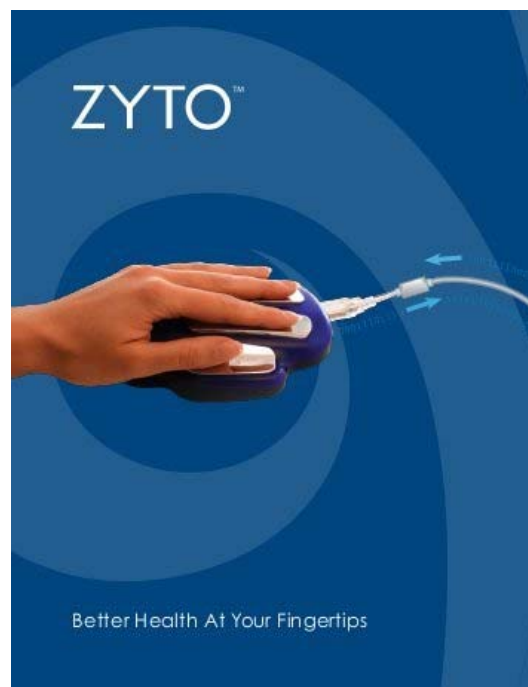
ZYTO Allergy Scan

The interface between your body and ZYTO's bio-communication software is the ergonomically designed hand cradle. You simply rest your hand on the hand cradle while the computer sends digital stressors and gathers your response data.

In this way Dr. Kellerman N.D. is able to gather significant information about your body that is used to make more effective clinical decisions.

The whole experience is comfortable and painless. In 1/2 hour she can scan you for over

100 Food & Environmental Allergies with No skin pricking or Blood work needed.



NAET- Allergy Elimination Treatments

Once Dr. Kellerman has detected which Allergies you have she recommends getting rid of them by using NAET; a revolutionary solution that provides relief from adverse reactions to new allergens and empowers the individual to live a better life in our modern world. This treatment was developed by Dr. Nambrudipad D.C., L.Ac, M.D.(WI), Ph.D.(Acu), who has trained thousands of practitioners in this Allergy Elimination Technique.

Dr. Kellerman has traveled to California many times to study with Dr. Nambrudipad and master this technique.

Spring Natural Medicine Cabinet Essentials

While you are waiting to get a Scan to see what Allergies you have and then, get treatments to eliminate them you will want to keep these products in your Medicine cabinet to take now.

ALJ: (Liquid or Capsules)

- helps soothe irritated tissues
- encourages the entire respiratory tract to gently cleanse itself

- supports healthy lung function
- assists the body in neutralizing allergens
- provides effective respiratory support
- good for Allergies, Colds, Sinus congestion, Lung congestion, Asthma, Ear Infections, etc.

Histablock: (Capsules)

- supports the body in times of respiratory stress
- supports the body's efforts to maintain healthy mucous membranes
- supports free breathing and may help reduce symptoms associated with irritants
- stops the histamine allergy response

AirMaxx: (delicious fruit chewable tablet)

- supports proper respiratory function
- contains ingredients to maintain histamine levels
- supports healthy balanced immune system function and contains potent antioxidants



Neti Pot

- soothes dry nasal passages
- removes excess mucus
- provides natural relief from allergy and sinus symptoms

Cold Mist Essential Oil Diffuser

- Great to use with our Breath Deep Essential Oil blend when suffering from any respiratory issues.



Himalayan Salt Lamp



- Air Purification
- Reduction in Electromagnetic Radiation and Airborne Infections
- Eases Asthma and Allergy Symptoms
- Mood Booster and Sleep Promoter

April Events

2019 COMMUNITY HEALTH EVENTS



FACEBOOK LIVE with the Docs:

Dr. Lisa & Dr. Meghan
"Questions & Answers about any Health Issues"

April 4 @ 12:30

* Must view on our Facebook page



CLASS @ BC3 with Dr. Lisa

"Weight Loss for Life"

April 9 @ 6:00pm-8:00 pm

Lifelong Learning Department

Must Call to Register # 287.8711



THERMOGRAPHY DAY at LNP

Three Rivers Thermography

Offering: Digital Infrared Thermal

Imaging Scans

April 9 @ 12-7

Fee depends on area

* By appointment



FACEBOOK LIVE with Dr. Lisa

"Healthy Meal Replacements"

April 10 @ 12:30-1:00

* Must View on our Facebook Page



SEMINAR @ LNP

"Natural Solutions to Allergies"

April 30 @ 5:30-6:30

Fee: \$10 Must call to Register

Speaker: Dr. Lisa Kellerman, ND



SEMINARS, CLASSES &
FACEBOOK LIVES

will be presented by:

Dr. Lisa Kellerman, ND

Naturopathic Doctor

at

LISA'S NATURAL PATH

unless noted

* MUST CALL TO
REGISTER

724.284.9162

* Cash or Check Only

CUSTOMER APPRECIATION
DAY

* April 30 @ 12-7 pm

Specials, Free Stuff

& SALE

1779 North Main Street Ext.,

Butler, PA 16001

www.LisasNaturalPath.com

724.284.9162

* Don't forget to Follow Us on

FACEBOOK



April Massage Therapy Special with Brandy, Licensed Massage Therapist

Receive a 1 hour Aroma Therapy Massage with Brandy for *\$55 this month only!*
Typically a value of \$80.

Choose one from four essential oils

- Peppermint... *Invigorating*
- Lavender... *Relaxing*
- Orange... *Uplifting*
- Breath Deep Blend... *Clearing Blend*

NATURAL SOLUTIONS
Allergies

This event is designed to educate you about allergies. You will learn about a non-invasive test and how to get rid of them naturally.

APRIL 30 TH
TUESDAY 5:30 PM

Guest Speaker Dr. Lisa Kellerman, ND is a Traditional Naturopath (Holistic Doctor) that has been in the Natural health field for over 25 years. Dr. Lisa is looking forward to discussing Allergies and Natural Solutions.

LISA'S NATURAL PATH
Herb Shop & Wellness Center
1779 North Main Street Extension
Butler, PA 16001
724-284-9162
www.LisasNaturalPath.com

Fee: \$10 or Bring a friend get in for 1/2 price

CALL TO REGISTER

We are so excited that so many people are packing our Classroom each month for our Seminars, that is showing us people really want to learn and our motto is " Educate instead of Medicate".

* Have any Health topics you would like to learn about?

If you stop in at the shop and give us a suggestion we will enter you in a Drawing for a 30 minute Far Infrared Sauna session (value \$30).

Seminar Special: If you bring a friend you get in for 1/2 price but, you must call to Register 724-284-9162



We are collecting Non-perishable food items for the Evan's City Food Cupboard. For every item you bring in you will get 1 entry into our monthly, Far Infrared Sauna session Drawing. (value \$30). So go through your cupboards and bring in some food please.

CHECK OUT OUR WEBSITE
www.Lisasnaturalpath.com



Breathe Deep is an Authentic Essential Oil blend that can help with any upper respiratory issue. You can diffuse it in a room, Mix some with our Carrier oil blend and rub on chest to relieve a cough or congestion, Mix some in a bowl of steaming water and put a towel over your head and inhale or just inhale right from the bottle.

HOLIDAY CLOSING REMINDER

We will be Closed: Good Friday April 19 thru Monday, April 22 for the Easter Holiday

All of us at LISA'S NATURAL PATH wish all of you a Blessed Easter Holiday

In our Herb Shop we offer:

- Worlds Best, State of the Art, pharmaceutical grade, Pure Food Based Vitamins, Minerals, Herbs & Supplements from Nature's Sunshine Products & Nutritional Frontiers
- Full Spectrum Hemp Extract (CBD) Liquid, Caps, Gummies, Salves, & Lotions
- Authentic Essential oils, Essential Oil Jewelry, Himalayan Salt lamps, Essential oil home and car diffusers, Organic Green teas, Rope Sandals, a few Health foods, & more.

In our Wellness Center we offer:

- Full Health Evaluations with a Personalized Program by our Holistic Doctor
- Consultations with our Holistic Doctor to get a few questions answered (by phone or in person)
- Health Seminars on many different topics
- Monthly Customer Appreciation Days
- Essential Oil Workshops
- Our IN.FORM regain your health & lose weight Program that is changing lives
- Massage Therapy, Colon Hydrotherapy (Colonics), Far Infrared Sauna sessions, Harmonic wave energy balancing sessions, ZYTO Allergy Detection Scans done through the hand, NAET Natural Allergy Elimination treatments, Thermography Digital Infrared Thermal Imaging Scans, Energy/Detox Foot Soaks,

Paraffin Hand dip treatments, & Ear Candling.



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Our mailing address is:

1779 North Main Street Extension, Kerr Center, Butler, PA 16001

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