
LNP October Natural Health Newsletter



Hello Everyone,

Happy Fall. The October Newsletter is focused on Breast Cancer, after all it is Breast Cancer Awareness Month! Breast Cancer is the second leading cause of death among woman and has affected over 252,00 woman and over 2,000 men each year. We also will be focusing on parasite cleansing, new products and a few special announcements!



What is it: Cancer is a broad term for a class of diseases characterized by abnormal cells that grow and invade healthy cells in the body. Breast cancer starts in the cells of the breast as a group of cancer cells that can then invade surrounding tissues or spread (metastasize) to other areas of the body.

Facts: About Breast Cancer in the United States

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- One in eight women in the United States will be diagnosed with breast cancer in her lifetime.
 - Breast cancer is the most commonly diagnosed cancer in women.
 - On average, every 2 minutes a woman is diagnosed with breast cancer and 1 woman will die of breast cancer every 13 minutes.
 - Over 3.3 million breast cancer survivors are alive in the United States today.

WANT TO LEARN MORE? Then, Come to our SEMINAR: "Integrated Approach to Breast Cancer and other Hormonal Issues" - Tuesday, October 16th @ 5:30 more details are under Events below.

PARASITE CLEANSING

It's Fall and that means it's time to do your 2 week, whole body cleanse then, after it get rid of the excess parasites. In the summer parasites increase because you are eating out more, the heat and walking around in your bare feet, etc. Many symptoms come from an overabundance of parasites: Bowel issues, increased appetite, bloating, weight gain, skin issues, etc.

1. Complete a 2 week Whole Body Detoxifying Cleanses Program
2. Complete a 10 day box of Para-Cleanse with Fiber (Everybody's Fiber) added
3. Wait 10 days just doing the fiber
4. Complete a second 10 day box of Para-Cleanse along with Fiber

*During the parasite cleansing process, it is recommended to have at least 5 Energy/Detox Foot Soaks and drink lots of purified water. If for some reason you get constipated take Magnesium Complex

Our Newest Products!



Rejuvenaid: Enjoy youthful vitality with Rejuvenaid a natural, healthy way to achieve and maintain peak physical and mental performance.



Pau D'Arco Lotion: For targeted skin support. Pau D'Arco Lotion provides a powerful formula that replenishes the skin's moisture barrier, prevents damage to the skin and promotes skin elasticity. It's moisturizing properties help soothe irritation and itching caused by dry skin or candida.



Tei-Fu: Recovery Massage Lotion that provides warming, penetrating pain relief for sore muscles and joints and minor aches and pains. It is paraben free and enhanced with arnica and ginger for next-level effectiveness both before and after activity



Cinnamon Balance: Herbal Blood Sugar Support. Provides a natural solution to blood sugar stabilization using the world's finest cinnamon and storied herbs in combination that work safely and naturally.



Essential Shield: A proprietary combination of 11 authentic essential oils enriched and effective, safe household cleaner that is tough on dirt and grime while offering a soothing refreshing aromatic experience.



UltraBiome DTX: Advanced heavy metal detoxification with microbiome and gut barrier support. Primes detox pathways to help the body target and eliminate toxins.



Purify 2.0 Program: A comprehensive, four-week program designed to detoxify and purify the body, help balance the gut microbiome and increase health, energy and mental focus on the way to living a healthier, more vibrant life.

October Events

2018 COMMUNITY HEALTH SERIES



DR. LISA ON THE RADIO

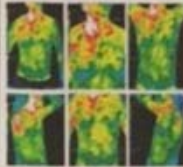
Topic: "All about Breast Cancer"

* October 3 @ 11:15-11:45

WISR 680 am



LISA'S NATURAL PATH
HERB SHOP & WELLNESS CENTER

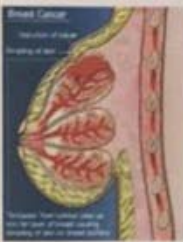


THERMOGRAPHY DAY

"Digital Infrared Thermal Imaging Scans"
by Three Rivers Thermography

Natural Alternative to Mammograms

* October 9 @ 12 - 7 pm



SEMINAR

Topic: "Integrated Approach to Breast
"Cancer & other Hormonal Issues"

Guest Speaker: Mike Gallagher, from
Winer Wellness Center, Pittsburgh

* October 16 @ 5:30 - 6:30

\$10 if Register, \$15 at door



CONTINUING EDUCATION CLASS

"Essential Oils 101: The Basics"

* Thursday, October 18 @ 6 - 8 pm

Fee: \$29 for the 2 hour session

Must Call: Butler County Community
College 724.287.8711 to Register



SEMINAR

"Clean, Repair, Rejuvenate"

* Tuesday, October 30 @ 5:30 - 6:30:

\$10 if Register, \$15 at the door

Includes: Sampling, Handouts, & Drawing

EVENTS

will be presented by:
Dr. Lisa Kellerman, ND
Naturopathic Doctor

at
LISA'S NATURAL PATH
unless noted

* MUST CALL TO
REGISTER
724.284.9162

* Cash or Check Only

CUSTOMER APPRECIATION DAY!

* October 30 @ 12-7
SALE, Specials, Free Stuff
& Refreshments

1779 North Main Street
Butler, PA 16001
www.LisasNaturalPath.com

724.284.9162

* Follow Us on
FACEBOOK



SPECIAL ANNOUNCEMENT

We are very proud to announce that with the addition of Dorothy Calvert, a Reiki practitioner, reiki will now be offered at LISA'S NATURAL PATH, beginning **October 12th!**

Rise With Us Herbal Traditions: October 20th @ 9 A.M. in Altoona, PA

Defending Health One Home at a Time!
Be part of the Natures Sunshine's Total Health Revolution

<http://bit.ly/HerbalTraditions>

Learn about the three phase health program
-Purify, Fortify, Protect-
focusing on gut health and maintaining healthy metabolic function.

Lisa's Natural Path Invites you to join our team,
take charge of your life, and learn more by
coming with us to this amazing seminar

We will be carpooling from Lisa's Natural Path @ 7:00AM

Pre-registration \$10 by calling NSP @ 1-800-223-8225
or use the site www.Eventbrite.com, Please contact us to let us know you will be
carpooling with us! (724) 284-9162

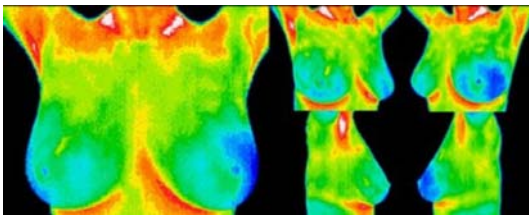
☀️ **Northwest Pennsylvania Growers** ☀️

Fresh. Local. Sustainable.

Non-GMO. Pesticide-free. Chemical-free.



We are the Butler drop off site so Check out their website for more information or to sign up at: www.nwpagrowers.com



We offer Digital Infrared Thermal Imaging (Thermography) by Three Rivers Thermography here at LISA'S NATURAL PATH once a month

- **Thermal imaging** that's able to detect the first signs that cancer may be forming up to **10 years before** any other procedure can detect it!
- Next Date: Tuesday, September 4th
- FDA approved , Painless & Radiation Free
- By Appointment only
- A better alternative to mammography

*****OCTOBER SPECIAL*****

- **\$10.00 OFF** Physicians reading for breast thermography (was \$195.00 - now \$185.00)
- **\$30.00 OFF** health screening + Dental with a technician impression (was \$245.00- now \$215.00)

Please call 412-548-3612 or email mainoffice@threeriversthermography.com for more details



We are collecting Non-perishable food items for the Evan's City Food Cupboard. This month they are asking for meals in a can/box. For every item you bring in you will get 1 entry into our monthly, Far Infrared Sauna session Drawing. (value \$30). So go through your cupboards, see what you have, and bring it on in please!

CHECK OUT OUR WEBSITE
www.Lisasnaturalpath.com



Outside Pick-Up Box

For those of you who aren't able to make it to the shop before closing time we've got your backs! We offer an outside pick-up box that is accessible to any customer in order to pick up products after hours.

***MUST** have paid for your products prior to picking up*

* Dr. Lisa will be on the Radio again with her Live, call in talk show, the first Wednesday of each month: for this month October 3rd, from 11:15 -11:45 am on 680 am WISR. Mark your calendar as this discussion will be All about Breast Cancer.



IMPORTANT ANNOUNCEMENT

- Energy Detox Foot Soaks: NOW Half off on **Thursdays** (no longer Wednesdays)

In our Herb Shop we offer:

- Worlds Best, State of the Art, pharmaceutical grade, Pure Food Based Vitamins, Minerals, Herbs & Supplements from Nature's Sunshine Products & Nutritional Frontiers
- Authentic Essential oils, Essential Oil Jewelry, Himalayan Salt lamps, Essential oil home and car diffusers, Organic Green teas, Rope Sandals, a few Health foods, & more.

In our Wellness Center we offer:

- Full Health Evaluations with a Personalized Program by our Holistic Doctor
- Consultations with our Holistic Doctor to get a few questions answered (by phone or in person)
- Health Seminars on many different topics
- Monthly Customer Appreciation Days
- Essential Oil Workshops
- Our IN.FORM regain your health & lose weight Program that is changing lives
- Massage Therapy, Colon Hydrotherapy (Colonics), Reiki, Far Infrared Sauna sessions, Harmonic wave energy balancing sessions, ZYTO Allergy Detection Scans done through the hand, NAET Natural Allergy Elimination treatments, Thermography Digital Infrared Thermal Imaging Scans, Energy/Detox Foot Soaks, Paraffin Hand dip treatments, & Ear Candling.



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Our mailing address is:

1779 North Main Street Extension, Kerr Business Center, Butler, PA 16001

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