



From the desk of Dr. Lisa

Hi Everyone,

Fall is arriving this month, Do you believe it? Along with Fall, Flu shots along with other Vaccinations are being pushed relentlessly and many people have questions on whether to vaccinate children and whether to get a Flu shot. So this month's Newsletter will be dedicated to our research and answers so you can make an informed decision on these Issues.

* REMINDER: WE WILL BE CLOSED ON LABOR DAY

God Bless,
Dr. Lisa

Do You Know WHAT'S IN A VACCINE?

- ammonium sulfate (salt)
Isolated pharmaceutical, heat stress and respiratory system poison.
- beta-propiolactone
Known to cause allergic hypersensitivity reactions, liver, respiratory, skin and other organ poisons.
- genetically modified yeast, animal, bacterial & viral DNA
Can be incorporated into the recipient's DNA and cause permanent genetic mutations.
- latex rubber
Can cause life-threatening allergic reactions.*
- monosodium glutamate (MSG) (hydroxy-L-glutamic acid)
Being studied for neurotoxic, immunogenic, immunosuppressive, and neurodegenerative and neurodegenerative effects in experimental, allergy reactions can change brain cells to cancer.*
- aluminum
Injected as a trace of brain damage-causing factor in Alzheimer's, Parkinson's, dementia, autism and other allergic reaction can occur at low dose.
- formaldehyde (formalin)
Powerful irritant of mucus membranes, respiratory tract, eyes, skin, mucous membranes, and respiratory system. Linked to leukemia, brain, child and hepatitis, cancer.
- micro-organisms
Live and viable and factors in their toxins. The pathogen has contaminated with a neutralizing agent, so it cannot have any living characteristics, brain cancer and hepatitis.
- * When taken on a regular basis it is impossible to know if they have an allergy.
- polysorbate 80
Known to react (cause) in asthma.
- tri(n)butylphosphate
Isolated toxins and other poisons.
- glutaraldehyde
Presence of significant toxins both direct or experimental animals.
- gelatin
Produced from selected pieces of calf and cattle skin. An unsterilized cattle brain and part skin. Allergic reactions have been reported.*
- gentamicin sulfate & polymyxin B (antibiotics)
Strong resistance to drug from milk to the developing.*
- mercury (thimerosal)
One of the most powerful substances known for an ability for the brain, get into brain matter and others. These poisons can cause severe damage, symptoms of mercury toxicity are similar to those of autism.
- neomycin sulfate (antibiotic)
Toxicity both human and animals. In some in the amount of 10 mg can cause a new form of epilepsy and mental retardation. Allergic reaction can be mild to the developing.
- phenol/phenoxethanol (2-PE)
Used as antiseptic, found in all cells and capable of disabling the immune system's primary response mechanism.
- human & animal cells
Remains cell from animal brain tissue and human, chicken, pig, lamb, horse, sheep, cattle, human, guinea pig, fish, lobster and human, monkey, turkey, duck, swine, chicken egg, duck egg, cat, rabbit, sheep, goat and others.

A major cause of the Roman Empire's decline, after six centuries of world dominance was its replacement of stone aqueducts by lead pipes for the transport and supply of drinking water. Roman engineers, the best in the world, turned their fellow citizens into neurological cripples. Today our own "best and brightest," with the best of intentions, achieve the same end through childhood vaccination programs yielding the modern scourges of hyperactivity, learning disabilities, autism, appetite disorders, and impulsive violence.

— Harris L. Coulter, Ph.D.

© Copyright 2011. All rights reserved. Nexus Publications, Inc. • www.nexuspublications.com • 908-217-1002

THE FLU SHOT A SHOT IN THE DARK

Each year, scientists **GUESS** which strains will circulate 9 to 10 months before the flu season even begins

<p style="text-align: center; font-weight: bold; font-size: 1.2em;">59%</p> <p>In a review of the past 12 flu seasons, the flu vaccine reduced the risk of illness by just 59%. That's barely better than a coin toss!</p>	<p style="text-align: center; font-weight: bold; font-size: 1.2em;">60%</p> <p>The CDC itself likes to say the flu vaccine is about 60% effective. Implying 6 out of 10 people who get the shot, won't get the flu.</p>	<p style="text-align: center; font-weight: bold; font-size: 1.2em;">2.7%</p> <p>But research shows that only 2.7 out of every 100 adults even get the flu in the first place.</p>
--	---	---

Want to know HOW EFFECTIVE the Flu Vaccine REALLY IS?

1.5%

A meta-analysis of 31 studies, spanning 44 years, revealed that the flu vaccine stopped influenza in only 1.5 out of every 100 adults who got the shot.

The CDC declared the 2012/2013 vaccine to be "moderately effective."

The flu vaccine has little or no effect on those 65 or older.

Research from 1968-2001 shows NO evidence that flu shots reduced death rates in the elderly.

Even if the CDC were right... Look how PITIFULLY EFFECTIVE they say their own vaccine is:

2006-07	47%	One study found that people who got this vaccine were 2.5 times MORE LIKELY to contract the H1N1 virus (also known as SWINE FLU).
2007-08	47%	
2008-09	Not Disclosed	
2009-10	62%	
2010-11	46%	
2011-12	52%	27% for age 65+ and only 4% for the most common strain
2012-13	???	

Proven Steps to STAY HEALTHY this Flu Season

WASH YOUR HANDS

EXERCISE

EAT HEALTHY

TAKE BASIC SUPPLEMENTS

RELAX AND REDUCE STRESS

Be Zinc, Selenium, Vitamin C, D, E, Beta-Carotene, and Iron.

Sources: medicalecenter.tcu.edu; abcnews.go.com; news.medschool.western.edu; thestar.com; cbc.ca; health.harvard.edu; webmd.com; ncbi.nlm.nih.gov; cdcrap.um.edu; thehancet.com; cbsnews.com; cdc.gov; eurosurveillance.org

We at LISA'S NATURAL PATH don't believe in getting the Flu shot or other Vaccines but, believe in keeping the body healthy and the Immune system working properly so if we are exposed to any Virus or Bacteria the body can fight it off. We do this by 1st doing a Gentle, Whole body cleanse every season (4 x a year). You change the Oil in your car every 2-3,000 miles so why do you not clean your internal environment of your body on a regular basis so all the Organs, Joints, Skin, Bowels, etc. can function properly. 2nd Take Basic Supplements everyday as we do not get the nutrients that were once in our food so the body can work properly. Of course everyone knows the rest to stay healthy: 8 hours of sleep, 1/2 your body weight in purified water a day, Eat 5-7 servings of fruits and veggies, etc.

HEALTH SEMINARS, ESSENTIAL OIL WORKSHOPS & OTHER EVENTS

can be found on our website at: www.Lisasnaturalpath.com



FLU SHOT IN A BOTTLE

1 Drop of Our Essential Oil Blend: "ESSENTIAL SHIELD" on bare skin everyday, will boost your Immune system naturally with: NO CHEMICALS, NO ALUMINUM, NO FORMALDEHYDE, NO ABORTED FETAL TISSUE, ETC. Just Pure, Authentic Essential Oils.



Hello All!

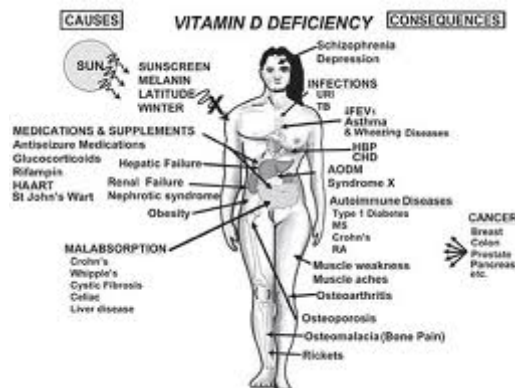
Dr. Lisa will be teaching an Essential Oil Workshop entitled "Natural Skin Care" on September 21st at 5:30pm. I wanted to introduce our NEW Pure Haven Skin Care products and give you some info on why it's so important to be using natural, non-toxic products on your skin - as well as your infants and children's skin. We have done many hours of research to make sure we picked the Best, All Natural, Skin Care Company to offer products in our Herb Shop. Many companies came to us wanting us to sell their products and telling us they were all natural and after extensive research we found out they were not. We pride ourselves on having the Best products available as we use them personally and recommend them to all our clients as we care about your health.

The Skin Care System includes: *Refresh Cleanser with Rose Flower, Pomegranate, Cucumber and Bearberry *Refresh Exfoliator with Sweet Orange, Apricot, Pomegranate and Lemon *Refresh Toner with Orange Blossom, Yucca and Witch Hazel *Refresh Moisturizer with Rose Flower, Pomegranate and Green Tea *Refresh Eye Cream with Rose Flower and Primrose *Refresh Night Serum with Carrot Oil and Pink Grapefruit

While these products are chemical free and non-toxic, some of the ingredients in common skin care product lines, and even in high end brands, are not only proven skin irritants, but many of these chemicals and fillers also have carcinogenic properties! These toxic ingredients are not only in adult products, but also in baby and children's products.

Please call Lisa's Natural Path to register for the September 21st Essential Oil Workshop, there will be much more info, a make-n-take Wrinkle Free Roll-On and Dr. Lisa will raffle off a homemade Skin Soothing Lotion.

Blessings! Live Healthy, Live Well.... Kitty



ADULTS BASIC SUPPLEMENTS

- 1) **SUPER TRIO: Packets containing 3 Supplements that are: Food Based, Natural Multi Vitamins, Fish Oils & Anti-Oxidants which contain Essential nutrients that are not in our foods for Anti-inflammatory, Anti-Oxidant protectors, Healthy Immune System, Weight, Energy & Good Overall Health**
- 2) **PROBIOTIC 11: Good bacteria for Healthy Immune System, Digestion, & Happy Mood**
- 3) **PROACTAZYME: Digestive Enzymes to break down food and supplements for Good Nutrition, Healthy Bowels, & a Healthy GI Tract**
- 4) **EVERYBODY'S FIBER: For Healthy Liver, Bowels, & Blood sugar balancing**
- 5) **VITAMIN D3: For Healthy Immune System, Bones/Joints, & Moods**

We don't always eat right so these food grade supplements insure you are getting all the building blocks to keep strong and healthy. NO ADDED SUGAR, DYES, CHEMICALS, BINDERS OR FILLERS. You can always trust Nature's Sunshine to make the very best.

*** Listen to 620 AM for all Natural Health Practitioners all day discuss different Health Issues**

*** Every month we collect non-perishable food items for the Evans City Food Cupboard so please HELP US, HELP THEM and come in and place your items in our Love Box.**

In our Herb Shop we offer:

- Worlds Best, State of the Art, pharmaceutical grade, Pure Food Based Vitamins, Minerals, Herbs & Supplements from Nature's Sunshine Products & Nutritional Frontiers
- Authentic Essential oils, Essential Oil Jewelry, Himalayan Salt lamps, Essential oil home and car diffusers, Organic Green teas, Rope Sandals, a few Health foods, & more.

In our Wellness Center we offer:

- Health Evaluations with a Personalized Program by our Holistic Doctor: Dr. Lisa Kelleman, ND
- Monthly Health Seminars on many different topics
- Monthly Customer Appreciation Days
- Monthly Essential Oil Workshops
- Our IN.FORM regain your health & lose weight Program that is changing lives
- Massage Therapy, Colon Hydrotherapy (Colonics), Far Infrared Sauna sessions, Harmonic wave energy balancing sessions, ZYTO Allergy Detection Scans done through the hand, NAET Natural Allergy Elimination treatments, Thermography Digital Infrared Thermal Imaging Scans, Energy/Detox Foot Soaks, Paraffin Hand dip treatments, & Ear Candling.



*Copyright © 2017 *LISA'S NATURAL PATH, Herb Shop & Wellness Center, All rights reserved.*

Our mailing address is:

1779 North Main Street Extension, Butler, PA 16001

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)